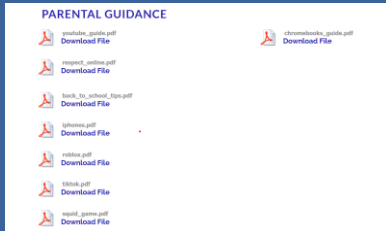# St. Kenelm's Primary School

Online Safety Newsletter

February 2023

Parental Guides

Within school, we are constantly speaking to the children about what they are up to online, what are their interests etc...

Based on our conversations with the children and what happens in school and at home, we have carefully selected 'Parental Guides' which offer support and guidance. They are well worth the read!

They are under our 'Information Tab', under 'Online Safety', please take a look and we welcome any feedback on any of the resources we put up!

Safer Internet Day 2023

Safer Internet Day 2023 will take place on the 7th of February 2023, with celebrations and learning based around the theme 'Want to talk about it? Making space for conversations about life online'.

Coordinated in the UK by the UK Safer Internet Centre, the celebration sees thousands of organisations get involved to promote the safe, responsible and positive use of digital technology for children and young people.

In the UK, we are celebrating by putting children and young people's voices at the heart of the day and encouraging them to shape the online safety support that they receive.

The Three Key Questions

1. What issues really matter to children and young people?
2. What changes do they want to see?
3. How can we all work together to advocate for them moving forward?

We encourage you to have conversations at home about these questions and use the resources on our website.

We are lucky enough to have PCSO Emily coming into school to chat to us about being safe online. If you have any questions for Emily, please email the school office!

The internet plays a significant role in the lives of children and young people; becoming integral to their social development as they get older. Talking to young people about their life online and encouraging them to share their experiences with you, is a key part of helping to safeguard your family.

- ### Be positive and open minded about the internet
  It's important to recognise the exciting opportunities that going online can offer children and young people. Although your children may use the internet differently to you, their experiences are still significant. If your child mentions something you haven't heard of, ask them to show you, or explain in more detail, or you may need to do your own research. Try to keep conversations broad, and value their opinions when they're talking about what they enjoy doing, to show that you are interested in all aspects of their online world.

- ### Talk early and often
  The most effective way to deal with any online issue is to make conversations about the internet a part of your everyday routine.

- ### Create a safe space for conversations
  Look for opportunities to talk together. Sometimes, talking face-to-face can feel difficult, so talking alongside each other when out for a walk, or travelling in the car for example, are options that might make it easier.

- ### Keep it relevant
  As they get older, your children will use technology differently from when they first went online. Their knowledge and understanding will grow too, as will the challenges they may face on the internet.
  To get a sense of how much they know and what support they still need, ask open-ended questions to let your child lead the conversations you have.

- ### Be Proactive
  Working together to create an agreement, outlining how the internet and technology will be used within the family, is a useful way to set clear expectations and boundaries for your children.
  You might include time spent online; who your children can communicate with; appropriate apps and games; and why safety tools are helpful to block and report inappropriate content.

- ### Safety tips
  It is important to talk to your child regularly about what they are doing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns. Please make sure the appropriate privacy settings are set up and your child knows how to block and report other users if necessary.

Useful links
The following set of resources support you when starting conversations with your child/children.

Information about Safer Internet Day
https://www.youtube.com/watch?v=rl_gZTQ9F7w&t=7s

How to talk about difficult topics
https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/how-to-talk-about-difficult-topics

What do I do?
https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/my-child-has-said-something-worrying-what-do-i-do

Video Games Support
https://www.taminggaming.com/

Information on Tablets
https://saferinternet.org.uk/guide-and-resource/parents-and-carers/tablets

Social Media Guides
https://saferinternet.org.uk/guide-and-resource/social-media-guides

Information on Smart TVs
https://saferinternet.org.uk/guide-and-resource/parents-and-carers/smart-tvs

Information on Games Consoles
https://saferinternet.org.uk/guide-and-resource/parents-and-carers/games-consoles

Information on Smart Speakers
https://saferinternet.org.uk/guide-and-resource/parents-and-carers/smart-speakers

Information on Phones
https://saferinternet.org.uk/guide-and-resource/parents-and-carers/phones

connect.
reflect.
protect.

Safer Internet Day 2023 | Tuesday 7 February