



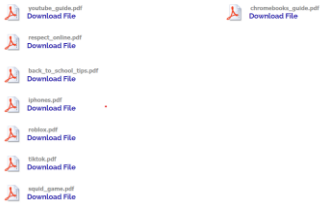
St. Kenelm's Primary School

Online Safety Newsletter

February 2024

Parental Guides

PARENTAL GUIDANCE



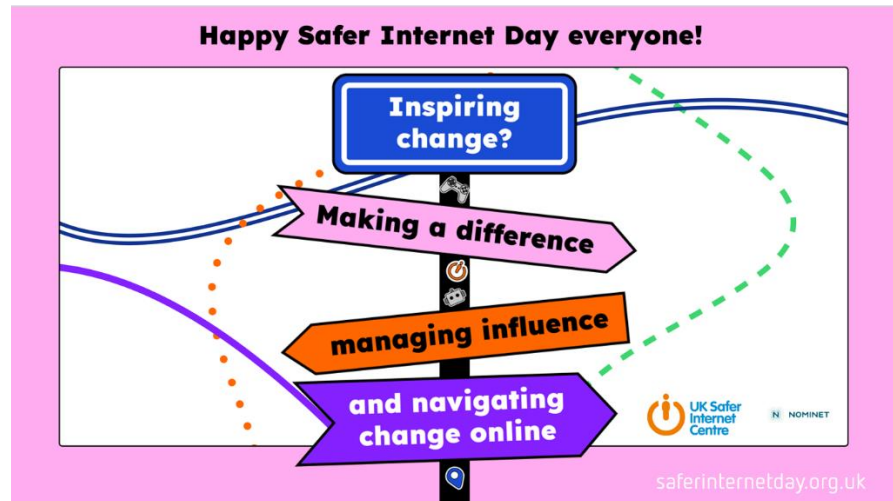
Within school, we are constantly speaking to the children about what they are up to online, what are their interests etc...

Based on our conversations with the children and what happens in school and at home, we have carefully selected 'Parental Guides' which offer support and guidance. They are well worth the read!

They are under our 'Information Tab', under 'Online Safety', please take a look and we welcome any feedback on any of the resources we put up!



Safer Internet Day 2024



Safer Internet Day is the UK's biggest celebration of online safety. Each year, they cover an online issue or theme that speaks to the things young people are seeing and experiencing online. Created in consultation with young people across the UK, this year Safer Internet Day will be focusing on change online, this includes covering:

- Young people's perspective on new and emerging technology
- Using the internet to make change for the better
- The changes young people want to see online
- The things that can influence and change the way young people think, feel and act online and offline

The Three Key Questions

1. What issues really matter to children and young people?
2. What changes do they want to see?
3. How can we all work together to advocate for them moving forward?

We encourage you to have conversations at home about these questions and use the resources on our website.

ONLINE SAFETY

Worried about something you've seen on the internet? Want to help your child be safer?

<https://www.ceop.police.uk/safety-centre/>

Practical Tips about starting a conversation about life online

Things change so fast online, it's hard to keep up with what my child is doing. Staying up to date with what children are doing online can feel like a challenge sometimes. However, you don't have to be an expert in every new app or service. Simply having conversations with your children about their lives online, and what to do if they need help or something goes wrong, is what's most important. Here are a few simple steps you can take to help bridge the gap;

- **Be Talk Little and often**

Having a regular open dialogue with your children about their favourite apps, the games they enjoy, and their online friends, will help create an environment where chatting about online experiences becomes a normal part of family life.

- **Stay Proactive**

As a result of discussions with your children about their online activities, take time to research the apps they're using, the accounts or channels they're following, and the games they're playing, to get a better idea of what they're experiencing and what your thoughts are towards it.

- **Seek Support**

Knowing where to get help is essential. Each app or platform will have its own safety guidelines and reporting features, and having knowledge of how to use these will ensure you can make a report, seek help, and support your child to get the best out of the services they're using.

- **Keep it relevant**

As they get older, your children will use technology differently from when they first went online. Their knowledge and understanding will grow too, as will the challenges they may face on the internet.

To get a sense of how much they know and what support they still need, ask open-ended questions to let your child lead the conversations you have.

- **Safety tips**

It is important to talk to your child regularly about what they are doing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns. Please make sure the appropriate privacy settings are set up and your child knows how to block and report other users if necessary.



Safer Internet Day

2024 | Tuesday
6 February

www.saferinternetday.org



Useful links

The following set of resources support you when starting conversations with your child/children.

Information about Safer Internet Day

https://www.youtube.com/watch?v=rl_gZTQ9F7w&t=7s

How to talk about difficult topics

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/how-to-talk-about-difficult-topics>

What do I do?

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers/my-child-has-said-something-worrying-what-do-i-do>

Video Games Support

<https://www.taminggaming.com/>

Information on Tablets

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers/tablets>

Social Media Guides

<https://saferinternet.org.uk/guide-and-resource/social-media-guides>

Information on Smart TVs

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers/smart-tvs>

Information on Games Consoles

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers/games-consoles>

Information on Smart Speakers

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers/smart-speakers>

Information on Phones

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers/phones>