



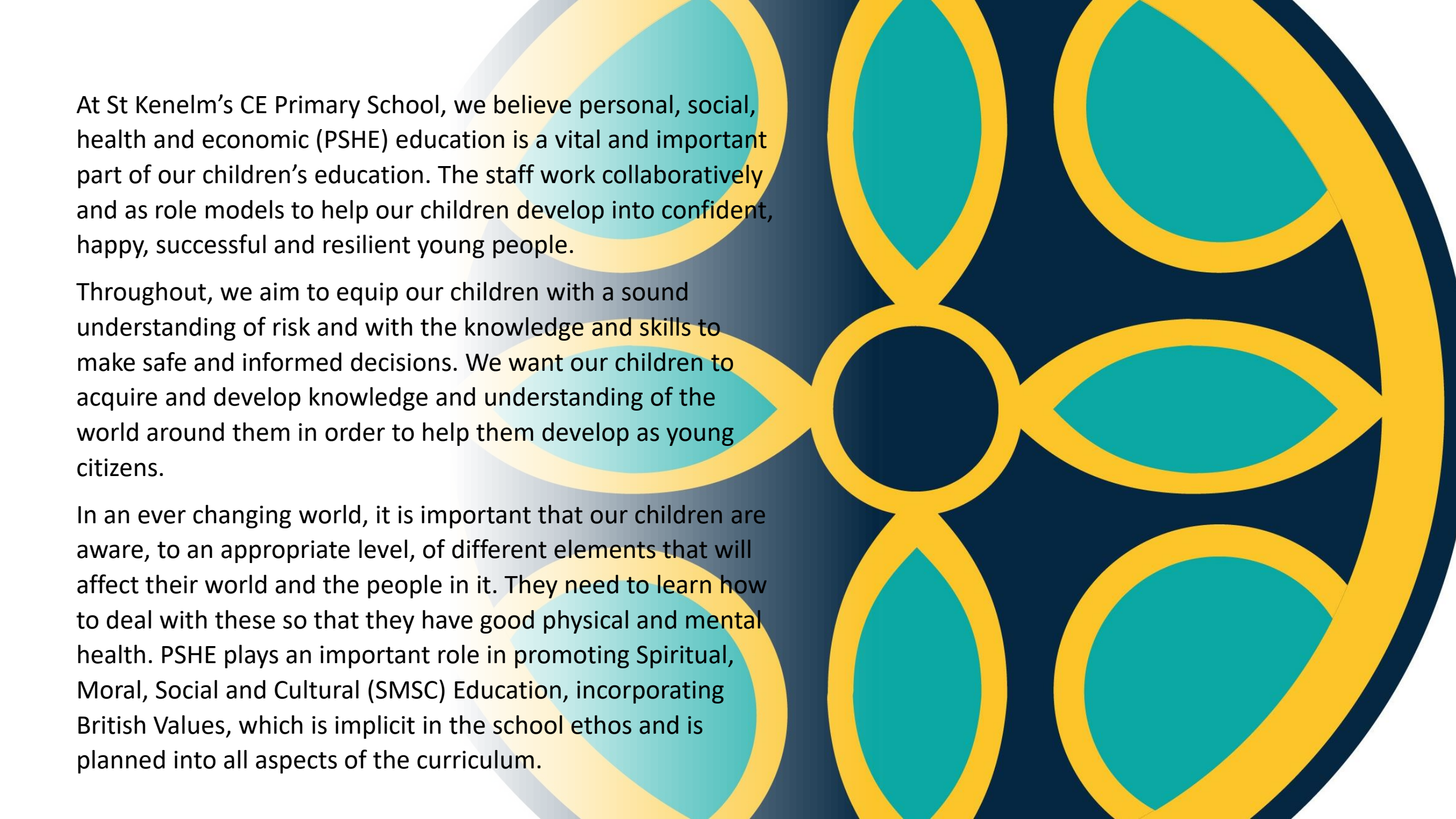
# PSHE

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*“Be the change you want to see in the world.”*

Mahatma Gandhi





At St Kenelm's CE Primary School, we believe personal, social, health and economic (PSHE) education is a vital and important part of our children's education. The staff work collaboratively and as role models to help our children develop into confident, happy, successful and resilient young people.

Throughout, we aim to equip our children with a sound understanding of risk and with the knowledge and skills to make safe and informed decisions. We want our children to acquire and develop knowledge and understanding of the world around them in order to help them develop as young citizens.

In an ever changing world, it is important that our children are aware, to an appropriate level, of different elements that will affect their world and the people in it. They need to learn how to deal with these so that they have good physical and mental health. PSHE plays an important role in promoting Spiritual, Moral, Social and Cultural (SMSC) Education, incorporating British Values, which is implicit in the school ethos and is planned into all aspects of the curriculum.

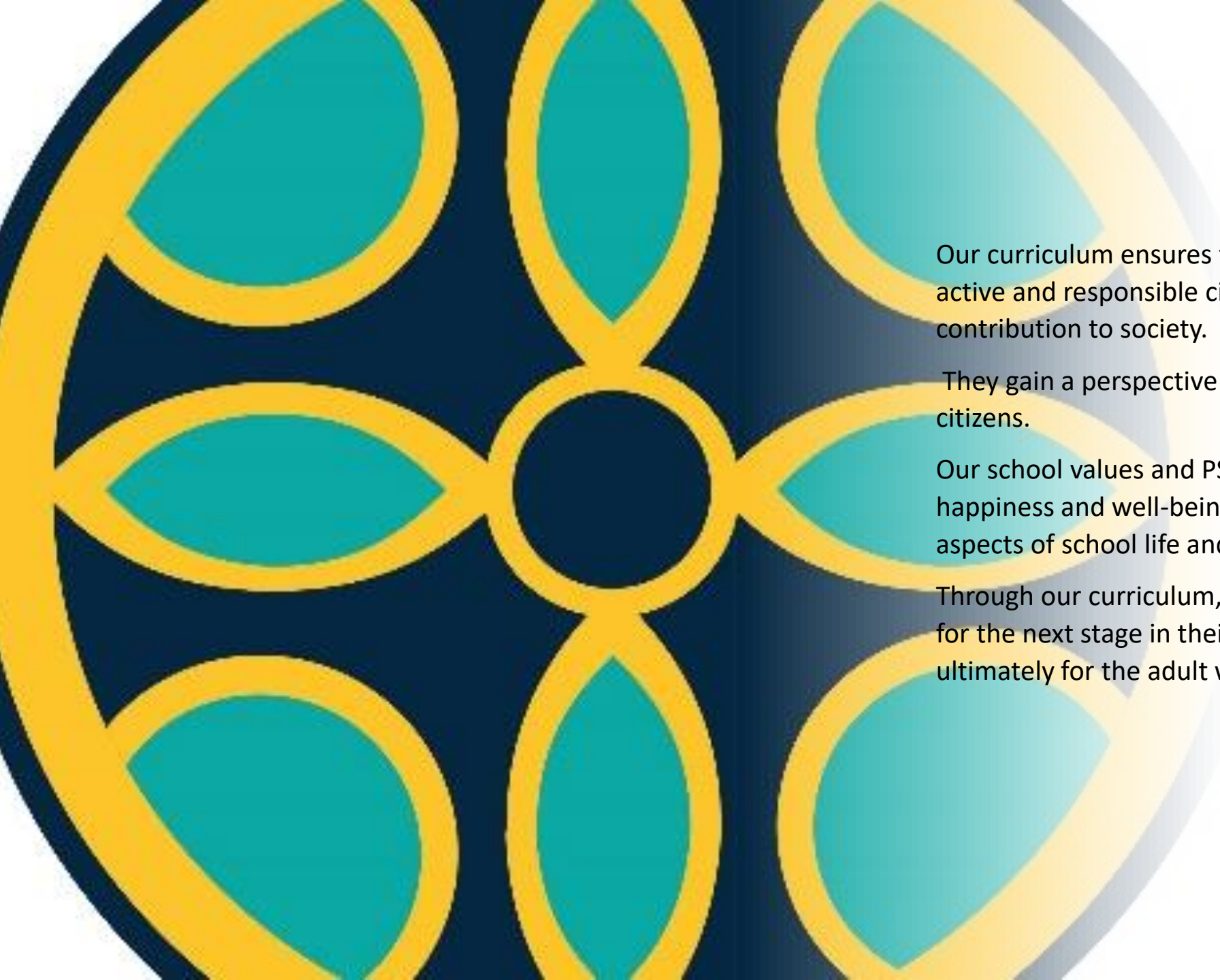


PSHE objectives are taught using the *Coram Life Education SCARF Programme of Study* but they are also covered across the curriculum especially in RE, Science and PE. They are also taught in discreet lessons, during circle time, in assemblies and collective worship. We provide our children with opportunities to learn about rights and responsibilities and promote random acts of kindness, which we include in our celebration assemblies. Many opportunities arise during the school week for our children to work effectively in groups, take on roles of responsibility and to come together as a whole school community to celebrate and reflect on our journey together. The SCARF programme is split into three core themes of:

- Health and Well-being
- Relationships
- Living in the Wider World

The units of work are set out half termly and link closely with safeguarding, the school ethos, British values, rights and responsibilities, and growth mind-sets so that the children have depth and breadth within this area of the curriculum.

From September 2020, Relationship Education has been a compulsory subject in all primary schools. At St Kenelm's we promote respectful relationships, focusing on families and friendships as an integral part of our curriculum, as is understanding how to be healthy.



Our curriculum ensures that all our children become engaged, active and responsible citizens who recognise and value their contribution to society.

They gain a perspective of themselves as both local and global citizens.

Our school values and PSHE programme are vital in promoting happiness and well-being so that our children can excel in all aspects of school life and indeed life in general.

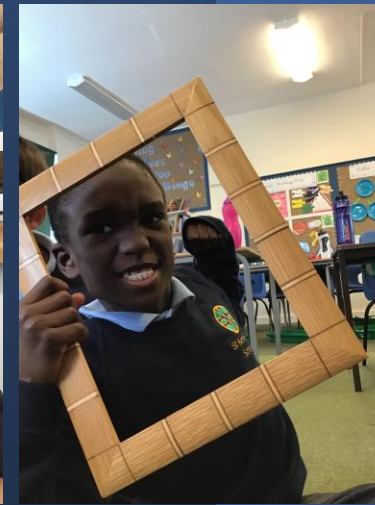
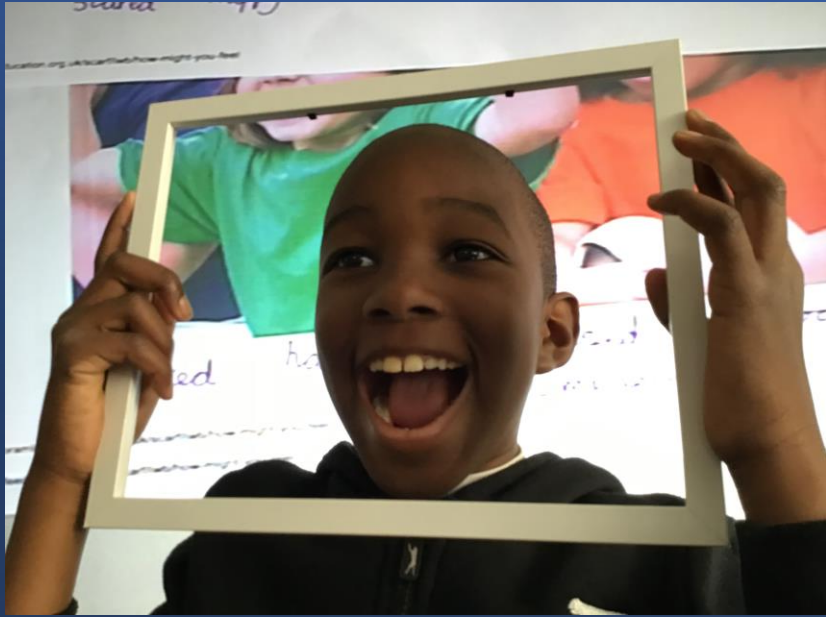
Through our curriculum, we believe we are preparing our children for the next stage in their education as well as preparing them ultimately for the adult world.



# PSHE Overview



Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Myself Safe	4 Rights and Responsibilities	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping my body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
Y1	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy
Y3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Keeping safe Safe and unsafe secrets
Y4	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests	Body changes during puberty Managing difficult feelings Relationships including marriage
Y5	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights and responsibilities Rights and responsibilities relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking responsibility Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help to keep me safe Getting help
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health	Coping with changes Keeping safe Body Image Sex education Self-esteem



Social, Moral,  
Spiritual and  
Cultural  
Learning



Our school ethos underpins the promotion of SMSC with Religious Education, Collective Worship, Assemblies of Celebration, and PSHE making a significant contribution to pupil's development in this area.





At St Kenelm's, SMSC development is about promoting the personal and social skills that pupils need to become responsible and engaged members of society. This includes:

**Social development:** fostering a sense of community, promoting respect for diversity, and developing empathy and understanding of others.

**Moral development:** promoting ethical and responsible behaviour and developing an understanding of right and wrong.

**Spiritual development:** encouraging reflection, self-awareness, and an understanding of personal values and beliefs.

**Cultural development:** promoting an understanding of the cultural and social influences that shape our world and celebrating diversity.

Development in SMSC takes place across all curriculum areas, within activities that encourage pupils to recognise the spiritual dimension of their learning, reflect on the significance of what they are learning, and to recognise any challenges that there may be to their own attitudes and lifestyle.

All curriculum areas should seek illustrations and examples drawn from as wide a range of cultural contexts as possible.



Links with the wider  
community





Ukrainian Appeal Spring 2022

Visitors are welcomed into school, including those from public institutions and services in Britain. We have good links with the Church and we have Clergy led assemblies.

The development of a strong home-school link is regarded as very important, enabling parents / carers and teachers to work in an effective partnership to support our pupils.

Pupils are taught to appreciate their local environment (both indoors and in the outdoor environment) and to develop a sense of responsibility towards it.

The talents and expertise of professional musicians, performers, sports people, etc. are drawn upon to enhance curriculum provision.

Pupils have the opportunity to link with the wider world through our charity events such as supporting the local food bank, Comic Relief and Fairtrade Fortnight.





# SMSC Overview





## Nurturing each and all. Guiding, Trusting, Inspiring and Celebrating

		Term 1 – 7 weeks 4.9.23-20.10.23	Term 2 – 8 weeks 30.10.23-20.12.23	Term 3 – 5 weeks 8.1.24-9.2.24	Term 4 – 6 weeks 19.2.24-28.3.24	Term 5 – 6 weeks 15.4.24-24.5.24	Term 6 – 8 weeks 3.6.24-24.7.24
<b>SPIRITUAL</b>		<b>Friendship</b>	<b>Thankfulness</b>	<b>Compassion</b>	<b>Respect</b>	<b>Wisdom</b>	<b>Honesty</b>
<b>Values</b>							
<b>Quote</b>		What is a friend? A single soul dwelling in two bodies. Aristotle	This is a wonderful day. I've never seen this one before. Maya Angelou	History will judge us by the difference we make in the everyday lives of children. Nelson Mandela	I believe no matter who you are, respect yourself, respect others. Mo Farah	Before God we are all equally wise. Albert Einstein	No legacy is so rich as honesty. William Shakespeare
<b>Question</b>		How can you be a good friend?	What are you thankful for and why?	How can you show compassion?	Who do you respect?	How do you achieve wisdom?	Why is being honest important?
<b>MORAL</b>							
<b>PSHE (SCARF)</b>		Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being my Best	Growing and Changing
<b>Key concepts</b>							
<b>Talk Topics</b>	1	What are our school / class rules?	Why do we celebrate Bonfire night?	What are New Year's resolutions?	What is respect?	When have you been wise?	What is Trooping the Colour?
	2	How do you feel when you start something new?	Who do you remember?	How can you show that we all have equal rights?	Who was St David?	Who was St George?	Who do you know who is always honest?
	3	What group or club would you like to belong to?	What do you do if you have a problem?	How do you show that you treat everyone with compassion?	How should we treat other people?	What is May Day?	Can you explain what being honest means?
	4	What is it like to belong to St Kenelm's Primary School?	How do you overcome an obstacle/difficulty?	What have you done to show compassion?	Who was St Patrick?	Can you retell a story that demonstrates being wise?	Basic First Aid
	5	How are you feeling today?	Who was St Andrew?	Who was St Valentine?	How can we achieve our goals?	How do you show that you are wise?	What is Wimbledon?
	6	What makes you a good friend?	Be thankful for our wonderful world!		Why do we celebrate Easter?	What can you do when you find things difficult?	What is a British citizen?
	7	What is Harvest?	Why do we celebrate Christmas?				What is your best memory of this year?
	8		Why do we celebrate Christmas?				What have you excelled at this year?

World Events	Black History Month (Oct)	Diwali	New Year's Eve Chinese New Year Children's Mental Health Week Safer Internet Day	World Book Day Holi International STAND UP to Bullying Day 2024		International Children's Day
SPIRITUAL	You are all one in Christ Jesus.  Galatians 3:286	Trust in the LORD forever, for in GOD the LORD, we have an everlasting Rock.  Isaiah 50:10	Do not merely look out for your own personal interests, but also care for the interests of others.  Philippians 2:4	Do to others as you would have them do to you.  Matthew 7:12	Sing unto him a new song; play unto excellence with joy.  Psalms 33:3	Honest people will lead a full, happy life.  Proverbs 28:20
SOCIAL	Making friends.  Settling into your new class.	Taking turns.  Christmas parties.  Anti-bullying week	Working with others.	Establish a community link.	Visits from family members	Visits to new classes  Sports Day  Country Dancing  Summer Fayre  Year 6 residential
CULTURAL  British Events  Oxfordshire events	Harvest Festival	Anti-bullying week  Bonfire Night  British Week  Remembrance Day  St Andrew's Day  Christmas	New Year  St Valentine's Day	St David's Day  British Science Week  St Patrick's Day  Mother's Day  Easter  Oxford and Cambridge Boat Race	St George's Day  May Day  Ramadan	Trooping the Colour  Wimbledon  Father's Day  Silverstone

