ST KENELM'S PRIMARY SCHOOL

LUNCH MENU

AUTUMN-WINTER 2023-2024

The School Lunch Company is passionate about food and offers a healthy and nutritious hot meal every day, using fresh produce from local suppliers.

WE LOOK FORWARD TO WELCOMING YOU.

ALLERGY INFORMATION

If your child has an allergy or intolerance please ask a member of The School Lunch Company team for more information. Allergy menus are available upon request and at the discretion of TSLC.

THIS MAKES US SMILE!

FOOD FACTS

- Our produce is sourced from local suppliers where possible.
- We use Farm Assured Red Tractor Chicken.
- Our fresh bread is wholemeal or 50/50.
- Our white fish and salmon are MSC certified.
- All of our burgers and sausages meet the recommended standard.
 - Our eggs are free range.
- We serve Yeo Valley organic yoghurts.



FRESH FRUIT



Our menu meets the requirements of the Government's School Food Plan.
Research has shown that a hot, two course lunch provides the essential physical and mental energy to get through the demands of a school day.







THE RED TRACTOR SHOWS
OUR UK FARMS SOURCED
FOOD IS PRODUCED TO
HIGH STANDARDS FROM
FIELD TO FORK









MONDAY

Margherita Pizza

with New Potatoes, Sweetcorn and Carrots Crispy Coated Bubble Salmon

with New Potatoes, Sweetcorn and Carrots

Baked Jacket Potato

with a choice of filling

Apple Sponge

AUTUMN - WINTER 2023 - 2024

TUESDAY

DAILY

BBQ Beef Pasta

with Green Beans and Carrots

Cheese and Onion Whirl

with New Potatoes, Green Beans and Carrots

Baked Jacket Potato

with a choice of filling

Jelly with Fruit

WEDNESDAY

Roast Pork with Yorkshire Pudding with Roast Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Autumn Vegetable Bake

with Roast Potatoes, Seasonal Vegetables and Savoy Cabbage

Fruity Oat Cookie

THURSDAY

Oven Baked Pork Sausages and Mashed Potatoes or Pasta with Sweetcorn, Broccoli and Gravy Oven Baked Quorn Sausages and Mashed Potatoes or Pasta with Sweetcorn and Broccoli

Baked Jacket Potato with a choice of filling

Vanilla Sponge with Sprinkles

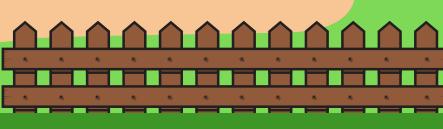
HA-PEA!



FRIDAY

Oven Baked Breaded Fish Fillet with Tomato Ketchup with Chips or Pasta and Peas or Baked Beans Vegetable Goujons with Tomato Ketchup with Chips or Pasta and Peas and Baked Beans

Ice Cream





MONDAY

Ham Carbonara with Fusilli Pasta

with Green Beans and Carrots

Margherita Pizza

with Diced Potatoes and Green Beans and Carrots

Baked Jacket Potato

with a choice of filling.

Chocolate Brownie

BREAD

FRESH FRUIT

DAILY

AUTUMN - WINTER 2023 - 2024

TUESDAY

Chicken Fillet with Katsu Curry Sauce

with Mixed Rice, Peas and Carrots

Macaroni Cheese

with Peas and Carrots

Baked Jacket Potato

with a choice of filling.

Jelly with Fruit

WEDNESDAY

Roast Chicken with Yorkshire Pudding with New Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Quorn Chicken Pieces in a Yorkshire Pudding with New Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Feathered Raspberry Sponge

THURSDAY

Beef Burger in a Soft Roll

with Jacket Wedges, Coleslaw and Sweetcorn

Vegetarian Sausage Roll

with Jacket Wedges, Coleslaw and Sweetcorn

Baked Jacket Potato

with a choice of filling.

Lemon Shortbread

FRIDAY

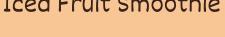
Oven Baked Fish Fingers with Tomato Ketchup

with Chips or Pasta and Peas or Baked Beans

Mexican Bean Quesadilla

with Chips or Pasta and Peas and Baked Beans

Iced Fruit Smoothie









MONDAY

Margherita Pizza

with New Potatoes, Sweetcorn and Carrots
Neapolitan Tomato Pasta Bake

with Sweetcorn and Carrots

Baked Jacket Potato

with a choice of filling.

Chocolate Cookie

AUTUMN - WINTER 2023 - 2024

TUESDAY

DAILY

Pasta Bolognaise

with Herby Bread, Carrots and Broccoli Sweet Potato and Vegetable Curry

with Mixed Rice, Carrots and Broccoli Baked Jacket Potato

with a choice of filling.

Jelly with Fruit

WEDNESDAY

Roast Turkey

with Roast Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Oven Baked Quorn Sausages with Roast Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Banana Flapjack

THURSDAY

Crispy Chicken Bites

with Tiny Tater Tots, Sweetcorn and Carrots

Cheese and Red Onion Quiche

with Tiny Tater Tots, Sweetcorn and Carrots

Baked Jacket Potato

with a choice of filling.

Marble Sponge



FRIDAY

Oven Baked Breaded Fish Fillet with Tomato Ketchup

with Chips or Pasta and Peas or Baked Beans

Vegetable Goujons

with Tomato Ketchup

with Chips or Pasta and Peas and Baked Beans

Iced Fruit Smoothie



HA-PEA!